

## ADULT NEW PATIENT APPLICATION

**WELCOME TO OUR OFFICE. WE THANK YOU FOR YOUR TRUST!**

(Please print using **black or blue ink**. If there is something that does not apply to you please put **N/A** on the line.)

### Section 1: Patient Information

Appt. Date: \_\_\_\_\_ Referred By: \_\_\_\_\_

Name (first, middle, last): \_\_\_\_\_

Preferred Name: \_\_\_\_\_  Male  Female Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_/Carrier \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Marital Status:  Married  Single  Divorced  Widow

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Email: \_\_\_\_\_

Name of Spouse/Significant Other: \_\_\_\_\_ Name & Ages of Children: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

To conserve resources, we generally utilize Email and text for regular communication.

May we communicate with you via Email?  Yes  No | Text  Yes  No Carrier: \_\_\_\_\_

1. Most patients are referred to our office by a caring family member or friend. What made you decide to visit our office?

Friend/Family Member Name: \_\_\_\_\_

Telephone Call  Yellowpages  Sign  Website  Presentation  E-mail

2. Research shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? \_\_\_\_\_  Never

For what reason were you seen? \_\_\_\_\_ Were you helped?  Yes  No

3. When was your last complete spinal examination including x-rays? \_\_\_\_\_  Never

4. Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?  Yes  No

5. NeuroSpinal Dysfunctions may cause decay and degeneration which results in grinding or cracking. Do you ever hear noise when you move your head or neck?  Yes  No

6. NeuroSpinal Dysfunctions can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine?  Yes  No

7. Poor posture leads to poor health and often indicates a spinal problem. How would you rate your posture?

Poor  1  2  3  4  5 Excellent  1  2  3  4  5

8. Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.

Low  1  2  3  4  5  6  7  8  9  10 High

9. What is your motivation to seek/ receive care in this office?

\_\_\_\_\_

10. Have you ever been diagnosed with cancer?  Yes  No If so, what kind? \_\_\_\_\_ Year Diagnosed: \_\_\_\_\_

11. Have you ever had spinal surgery?  Yes  No If yes, where: \_\_\_\_\_

13. Spinal health is especially important during pregnancy. Is there any chance that you are pregnant?  Yes  No

14. What activities would you like to do that your health is impairing you from doing?  
\_\_\_\_\_

15. How would your life change if you had optimal health? \_\_\_\_\_  
\_\_\_\_\_

16. What needs to happen in order for you to have optimal health and healing? \_\_\_\_\_  
\_\_\_\_\_

17. If the doctor feels that you will benefit from chiropractic care, are you willing to follow his/her recommendations?

Yes  No

18. Are you Medicare eligible?  Yes  No

19. If under 25: Are you or your parents financially responsible for your health care? \_\_\_\_\_

## Section 2: History of Concern

Primary Concern(s): \_\_\_\_\_

Secondary Concern(s): \_\_\_\_\_

Tertiary Concern(s): \_\_\_\_\_

Auto and work-related injuries can cause serious spinal problems. Are your complaints due to an Accident?  YES  NO

If yes, what type?  Work  Auto  Personal Date of Accident \_\_\_\_\_ If Work or Auto

accident, have you reported this accident to anyone?  Yes  No Who was it reported to? \_\_\_\_\_

Have you seen any doctors for this condition:  YES  NO

Please list the doctor specialty, & for how long you were seen. \_\_\_\_\_  
\_\_\_\_\_

Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking? (Prescription and non-prescription)  
\_\_\_\_\_  
\_\_\_\_\_

## Section 3: Family History:

Does anyone in your family suffer with the same condition(s) or other chronic illnesses?  No  Yes

If yes whom & what condition(s): \_\_\_\_\_  
\_\_\_\_\_

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Patient/Guardian's Signature: \_\_\_\_\_ Date: / \_\_\_\_ / \_\_\_\_

Doctor's Signature \_\_\_\_\_ Date Form Reviewed: / \_\_\_\_ / \_\_\_\_

Patient Name \_\_\_\_\_ DOB: \_\_\_\_\_

**Section 4: Past Trauma History:** Starting from birth, we all experience thousands of physical, mental, & chemical stresses. These stresses can cause **Postural Distortions** (misalignments of the spine) and lead to our current health problems.

Please write down some of the falls, injuries, & traumas that you've experienced. (Please put **NA** if it doesn't apply to you)

**A. Car Accidents** (List even minor ones. A 5mph crash from a 3000lb vehicle can cause damage to your spine even if you didn't *feel* injured!)

**Example: 12-1-2007** Type of Collision: **Front end** 10 mph Injuries: **Neck Whiplash/Neck on Rt. side**  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Collision:  Front  Side  Rear Speed \_\_\_\_\_ Injuries: \_\_\_\_\_  Lt  Rt  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Collision:  Front  Side  Rear Speed \_\_\_\_\_ Injuries: \_\_\_\_\_  Lt  Rt

**B. Sports Injuries** (if there are too many to list please write the name of the sport and "MANY" next to it.)

**Example: 1-1-2008** Type of Sport: **Basketball** Type of Injury: **Sprained Right Knee**  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Sport \_\_\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Sport \_\_\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt

**C. Slips, falls, & Bike Accidents** (We understand there may have been a lot of slips & falls since birth, so please list the major ones.)

**Example: 2-1-2008** Type of Injury: **Slipped on ice & bruised Left Elbow**  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt

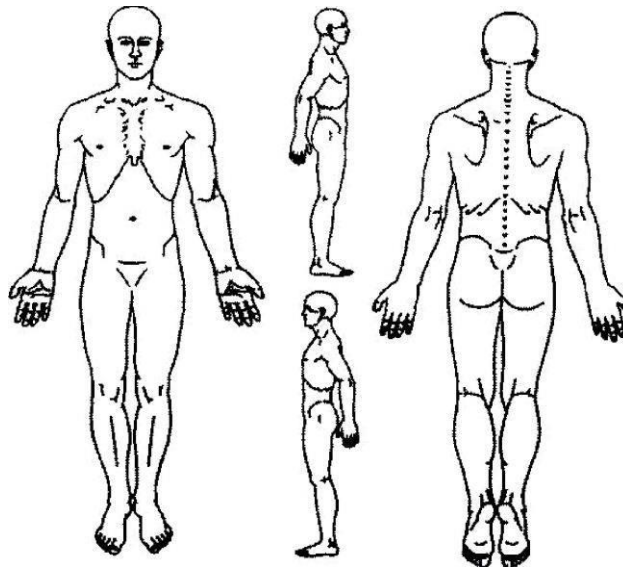
**D. Repetitive Injuries** (Please list all repetitive injuries you've had in the past.)

**Example: 3-1-2008** Type of Injury: **Lifting boxes injured lower back**  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt  
 Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_  Lt  Rt

Exam

\*PLEASE MARK the areas on the Diagram with the following letters to describe your symptoms:

**R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/ Stabbing T= Tingling**



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Doctor's Signature \_\_\_\_\_ Date Form Reviewed: \_\_\_/\_\_\_/\_\_\_

Patient Name \_\_\_\_\_ DOB: \_\_\_\_\_

**Section 5: Present and Past Conditions**

Using the codes listed below, please fill in **EVERY** blank with the applicable letter.

**Check** to indicate if you have Pain or Stiffness and on which side of your body.

If **both** sides apply, please check **R & L**.

**P** = Past Health Issue    **C** = Current Health Issue    **N** = Never had this Health Condition

**Example:** **C** Shoulder  Pain  Stiff  R  L

Extremities	Location	Respiratory	Other Conditions	Male
___ Hip <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Asthma	___ Headaches / Migraines	___ Impotence
___ Knee <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Chest Pain	___ Trouble Sleeping	___ Prostate Problems
___ Foot <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Difficulty Breathing	___ Excessive Sweating	<b>Female</b>
___ Shoulder <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Lung Problems	___ Cancer & Type: _____	___ Menopausal Problem
___ Elbow <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ COPD	___ Emotional / Mental Disorders	___ Menstrual Cycle Problems
___ Wrist <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	<b>Digestion</b>	___ Learning Disability	
___ Jaw Pain <input type="checkbox"/> Click <input type="checkbox"/> Pop	<input type="checkbox"/> R <input type="checkbox"/> L	___ Heartburn	___ Nervous / Irritable	
___ Swollen or Painful Joints		___ Digestion Problems	___ Loss of Memory	<b>Social History</b>
<b>Spine</b>		___ Gallbladder Problems	___ Dizziness / Loss of Balance	___ Smoking How much _____
___ Head / Shoulders Feel Heavy / Tired		___ Colon Trouble	___ Arthritis	How Often _____
___ Neck <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Diarrhea / Constipation	___ Epilepsy / Convulsions	___ Alcoholic Beverage Consumption Occurs _____
___ Upper Back <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Hemorrhoids	___ Knocked Unconscious	___ Recreational Drugs What Used _____
___ Mid Back <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	<b>Immune System</b>	___ Frequent Ear Infections	How Often _____
___ Low Back <input type="checkbox"/> Pain <input type="checkbox"/> Stiff	<input type="checkbox"/> R <input type="checkbox"/> L	___ Skin Problems	___ Ringing in Ear R / L	___ Exercise Type _____
___ Pain with cough, sneeze, or strain with bowel movement LOCATION of Pain: _____		___ Sinus Problems/ Allergies	___ Hearing Loss R / L	How Often _____
Other: _____		___ Frequent Colds / Flu	___ Trouble Concentrating	
		___ Anemia	___ AIDS / HIV	
		___ Other: _____	___ Fracture / Dislocation of Bones: _____	
		<b>Organ Problems or Dysfunction</b>	___ Other: _____	
<b>Numbness / Tingling or Pain In:</b>		___ Diabetes	<b>Urinary Tract</b>	
___ Arm <input type="checkbox"/> R <input type="checkbox"/> L		___ Liver Trouble	___ Kidney Trouble	
___ Hand /Fingers <input type="checkbox"/> R <input type="checkbox"/> L		___ Hepatitis	___ Frequent Urination	
___ Legs <input type="checkbox"/> R <input type="checkbox"/> L		___ High/Low Blood Pressure	___ Bedwetting	
___ Foot / Toes <input type="checkbox"/> R <input type="checkbox"/> L		___ Heart	___ Other: _____	

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Patient/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Patient Name** \_\_\_\_\_ **DOB:** \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date Form Reviewed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Name \_\_\_\_\_

DOB: \_\_\_\_\_

**Section 6: Past Health Conditions**

**Transfer conditions from page 3 marked with a "P" for past health issue.**

Please list: *when, how long it lasted, description of symptoms (ex. Sharp, pain, burning), how often (ex. Weekly, daily), severity (0=no pain; 10=worst pain).*

Past Health Issue: \_\_\_\_\_  
\_\_\_\_\_

Past Health Issue: \_\_\_\_\_  
\_\_\_\_\_

Past Health Issue: \_\_\_\_\_  
\_\_\_\_\_

Are any of these past conditions due to an accident?  YES  NO If yes, what type?  Work  Auto  Personal

Date of Accident: \_\_\_\_\_ Have you seen any doctors for this condition:  YES  NO

Please list the doctor specialty, & for how long you were seen. \_\_\_\_\_

**List any past hospitalizations and/or surgeries:**

Surgeries: \_\_\_\_\_

List Hospitalizations Other Than Surgeries: \_\_\_\_\_

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Doctor's Signature \_\_\_\_\_ Date Form Reviewed: / \_\_\_\_ / \_\_\_\_

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